Why are Dr. Aardsma's Vitamins Called the "Anti-Aging Vitamins"?
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Vitamins play a vital role in protecting and sustaining health. If any one of the vitamins are eliminated from the diet, a deficiency disease will be the result. Vitamin deficiency diseases are unfamiliar to the populations of developed countries today, because the traditionally known vitamins are fortified into the foods that people consume. Therefore, the population of developed countries is not generally in danger of suffering from deficiency diseases.

Here are three examples of vitamin deficiency diseases that in the past have caused widespread, severe suffering and death.

Vitamin C: the anti-scurvy vitamin

People who unwittingly eliminated vitamin C from their diets (mostly long-ago sailors on long voyages failing to get fresh fruits and vegetables) soon became diseased with what is called scurvy, suffering horribly from bone and muscle pain, easy bruising and bleeding, gum disease, depression, and anemia for weeks or months before succumbing to this ancient dread disease.

Vitamin B3: the anti-pellagra vitamin

People who unwittingly eliminated vitamin B_3 (niacin) from their diets (thousands of Southerners in the 1920s, eating inexpensive milled Midwestern corn so they could convert more of their land to cotton) soon became diseased with what is called pellagra, suffering horribly from dementia, diarrhea, and dermatitis for weeks or months before succumbing to this relatively modern dread disease.

Vitamin B1: the anti-beriberi vitamin

People who unwittingly eliminated vitamin B_1 (thiamine) from their diets (by eating mostly polished, white rice) soon became diseased with what is called beriberi, suffering horribly from loss of appetite, irritability, mental confusion, peripheral neuropathy, swollen hands and feet, and chest pains from a malfunctioning heart for weeks or months before succumbing to this old-time dread disease.

Nobody wants to suffer from scurvy, pellagra, or beriberi. They are awful diseases.

Dr. Aardsma's Anti-Aging Vitamins (MePiA and MePA) are "anti-aging" just like Vitamin C is "anti-scurvy." Aging is also an awful disease. Aging is the direct result, over time, of lack of MePiA and MePA in the diet. The global population is in need of these two newly discovered vitamins which are no longer available through the environment.

Dr. Aardsma's theory of aging shows that **Vitamins MePiA and MePA are the anti-aging vitamins**. His well attested theory is presented in the downloadable book, *Aging: Cause and Cure,* available at: http://www.biblicalchronologist.org/products/Aging_book.php.

The second edition of this book will soon be available. For further information about these vitamin discoveries, please visit the following websites.

www.agingcauseandcure.com
www.biblicalchronologist.org